



General Rules and Regulations

1. **The goal of this division is mimic the game in its truest form with limited modifications.**
2. The time limit of each game shall be two 25-minute halves, with a 5-minute halftime. The clock will run continuous during the game. Each team will be permitted one time-out per half; time-outs do not carry over.
3. Any rules not specifically covered in this rule set will default to FIFA/IFAB; the league manager has the ability to modify these rules throughout the course of the season to provide for circumstances that may come up that have questionable effect on the league and game play.
4. Players who are of age 11 through age 15 on March 1st (Spring Season)/September 1st (Fall Season) are eligible to play in this division.
5. This is an 8v8 division with goal keepers (7 field players).
6. Substitutions are allowed during any and all dead balls; players must report to center field prior to being waved on by the referee.
7. Home team as determined by the schedule will start with the ball first half. Visiting team as determined by the schedule will start with the ball second half.
8. If a player receives a yellow-card on the field, the player must be immediately removed. The player is eligible to return to the game as a legal substitute as soon as the next dead ball.

Equipment

1. A size 5 ball will be used for game play.
2. Shin guards must be worn at all times for the safety of each individual player.
3. No metal cleats are allowed.
4. No jewelry shall be worn during games. The lone exception being stud earrings that must be taped over during games.

Participation and Role of Coaches

1. Coaches are not allowed on the field, except in case of injury or time-out.
2. Discussions with referees about a rule/call are expected to be contained to the specifics of the judgment and should not interfere with the referee's ability to officiate.
3. Players are only allowed to play on the team they originally registered with; an individual player is allowed to help one team as a sub if said team is below the required number of players.