

General Rules and Regulations

1. **The goal of this division is the introduction of extended rules and philosophies, including offside, advantage, corner kicks, goal kicks, and penalty kicks.**
2. The time limit of each game shall be two 25-minute halves, with a 5-minute halftime. The clock will run continuous during the game. There are no timeouts.
3. Any rules not specifically covered in this rule set will default to FIFA/IFAB; the league manager has the ability to modify these rules throughout the course of the season to provide for circumstances that may come up that have questionable effect on the league and game play.
4. Players who are of age 7 through age 10 on March 1st (Spring Season)/September 1st (Fall Season) are eligible to play in this division.
5. This is a 7v7 division with goal keepers (6 field players).
6. Substitutions are allowed during any and all dead balls; players must report to center field prior to being waved on by the referee.
7. Home team, as determined by the schedule, will start with the ball first half. Visiting team, as determined by the schedule, will start with the ball second half.
8. A second-chance throw-in will be permitted.
9. If a player receives a yellow-card on the field, the player must be immediately removed. The player is eligible to return to the game as a legal substitute as soon as the next dead ball.
10. There is no use of heads in this division. Use of a head results in an indirect kick for the opposing team from the spot of the infraction.
11. Slide tackling is not allowed. If a slide tackle attempt occurs, and there is no contact, an indirect kick for the opposing team may be granted if the slide interferes with the play. If there is contact, a direct kick is assessed from the spot of the infraction.
12. Tho Offsides rule will be a soft start to help introduce the players.

Equipment

1. A size 4 ball will be used for game play.
2. Shin guards must be worn at all times for the safety of each individual player.
3. No metal cleats are allowed. No jewelry can be worn except for small earrings with tape over them.

Participation and Role of Coaches

1. Coaches are not allowed on the field, or endline, except in case of injury. All coaches should remain in the bench area and coach from there, engaging and talking with players on the bench for encouragement and development.
2. Discussions with referees are expected to be contained to the specifics of the ruling, and should not interfere with the referee's ability to officiate.